

# Relapsing Polychondritis Damage Activity Index (RPDAM)

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## EAR DAMAGE

- Permanent auricular cartilage deformities
- Sensorineural hearing loss
- Conductive hearing loss
- Permanent vestibular syndrome

## NOSE DAMAGE

- Nasal bridge collapse or septal perforation

## EYE DAMAGE

- Scleral thinning (scleromalacia)
- Blindness (in one of two eyes)
- Orbital wall destruction

## RESPIRATORY DAMAGE

- Permanent chest wall deformities
- Dysphonia
- Obstructive syndrome (laryngeal, tracheal or bronchial)

## CARDIOVASCULAR DAMAGE

- Aortic root dilatation
- Left ventricular dysfunction
- Major tissue loss

## HAEMATOLOGICAL DAMAGE

- Myelodysplastic syndrome

## TREATMENT-RELATED DAMAGE

- Osteoporosis with fractures or vertebral collapse
- Avascular necrosis

**TOTAL**  
**(1 point per item)**

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